



How to Prepare for Each Weekly Session

1. Download all weekly materials at: www.tegnos.org

2. Review Weekly Exercise 1

1. Follow the link(s) and watch the video(s).
2. Beginners: Study the words and phrases listed under *Beginners* (Additional words and phrases are provided for *Advanced Beginners / Intermediates*)
3. Use the flash card links to pronounce the words and phrases
4. Try using the words and phrases in sentences
5. Compose a brief story to share in class. You can bring a copy to class for reference

3. Review Weekly Exercise 2

1. Follow the link(s) and watch the video(s).
2. Beginners: Study the words and phrases listed under *Beginners* (Additional words and phrases are provided for *Advanced Beginners / Intermediates*)
3. Use the flash card links to pronounce the words and phrases
4. Try using the words and phrases in sentences
5. Practice the conversations with a friend if possible

4. Optional: Watch the Weekly *Extra en Español* video.

1. Watch once uninterrupted, just to absorb the context and cadence of the conversation
2. Watch again and read along with the Weekly Video Glossary. Pause as needed to review
3. Hint: Reduce the playback speed to 0.75 to better understand the conversation
4. Write down any questions you have for the facilitators



¡Buena Suerte!

¡Que se divierta!